

May 2016

Ell-Saline Elementary & Middle / High School

LUNCH



***Congratulations**
Ell-Saline Class of 2016!



- Fitness Tip:** MyPlate recommends:
- Children need at least 60 minutes of physical activity every day.
 - Be active together as a family.
 - Physical activity should be fun and offer variety.

Monday

Biscuits & Gravy **2**
Sausage Patty
Celery & Cucumbers
Tri Tater
Diced Peaches, Milk

Tuesday

Mini Meat Ball Sub **3**
Garden Salad
Sweet Potato Waffle
Banana
Milk

Wednesday

Mac & Cheese **4**
Little Smokies
Sweet Peas
Apple
Milk

Thursday

Chicken Fajita **5**
Refried Beans
Bell Pepper Strips, Salsa
Orange, Brownie
Milk (9-12 Tortilla Chips)

Friday

Ell-Saline Pizza **6**
Tossed Salad
Cherry Tomatoes
Pineapple Tidbits
Milk

9
NO SCHOOL

10
Chicken
Seasoned Rice
Green Beans
Diced Pears
Roll & Jelly, Milk

11
Hot Dog on a Bun
Oven Fries
Broccoli & Cheese
Apple, Ketchup, Mustard
Milk

12
Burrito
Sweet Corn
Romaine & Tomato
Tomato Salsa, Banana
Milk (9-12 Tortilla Chips)

13
MS/HS Hot Sandwich
Elem-Cooks Choice
Something with
Noodles?

16
MS/HS Corn Dog
Elem-Mini Corn Dog
Baked Beans, Salad Bar,
Fruit, Milk

17
Elem- Play Day
Sack Lunch(Below)
MS/HS- BBQ Beef, Salad
Bar, Fruit, Milk

18
Last Day Of School
11:00 Dismissal
Enjoy your Summer!!

19
Plant a Garden,
Watch it grow,
munch a bunch...

20
Be sure to Fuel up
To Help Your Day
Take off...Zoom

23
Join a Summer
Team -
Base ball, Softball
Soccer, Swim. ~~~

24
Elem. Sack Lunch
Peanut Butter & Jelly
Sand. Chips, Apple
Baby Carrots, Milk

25
View the stars
Can you see Mars??

26
Dance and twirl, Jump
and climb, What can you
find to do this Summer?

27
Find some Chalk,
Make the sidewalk talk.

30
Memorial Day-
Plan a picnic !!

31
Find a friend,
Ride a Bike -
Go for a hike....

